Psalm 30

I will exalt you, O Lord, for you have drawn me up from the depths: and have not suffered my foes to triumph over me.

O Lord my God, I cried to you: and you have made me whole.

You brought me back, O Lord, from the land of silence: you saved my life from among those that go down to the Pit.

Sing praises to the Lord, all you his faithful ones: and give thanks to his holy name.

For if in his anger is havoc, in his good favour is life: heaviness may endure for a night, but joy comes in the morning.

In my prosperity I said 'I shall never be moved: your goodness, O Lord, has set me on so firm a hill.'

Then you hid your face from me: and I was greatly dismayed.

I cried to you, O God: and made my petition humbly to my Lord.

'What profit is there in my blood, if I go down to the Pit: can the dust give you thanks, or declare your faithfulness?'

'Hear, O Lord, and be merciful: O Lord, be my helper.'

You have turned my lamentation into dancing: you have put off my sackcloth and girded me with joy.

That my heart may sing your praise and never be silent: O Lord my God, I will give you thanks for ever.

Finding Our True Strength

Last Sunday we found encouragement in the fact that it was not easy for the apostles to grasp the difference the Lord’s Resurrection should make in their lives. Today’s gospel reading from John tells us of the conversion that brought this difference in Peter, destined to become the fearless leader of the Twelve. According to this account, the disciples have already been in the presence of the Risen Lord more than once; but - still uncertain what is required of them - they are taking up their old life: ‘I’m going fishing’ ‘We’ll come with you’. Most are slow to recognise Jesus on the shore of the lake; it is the disciple bonded to Jesus by a special love that is the first to do so. And even when they have joined him they hesitate to interrogate him. The whole account underlines the change of heart they still have to undergo.

It is Peter especially who must be converted, if he is to be their leader, when with him they come to know that they are called to be ‘fishers of men’ – with the Lord at their side. Peter is confronted with his threefold denial as Jesus asks him three times, ‘Do you love me?’. Scholars have long discussed the fact that, in this exchange, two different terms for ‘love’ are used. In his first two questions, Jesus uses the word Christian faith came to identify with the New Law brought by Jesus (agapao). When Peter responds evasively, using another less demanding term (phileo), Jesus asks for a third time, now using this less demanding term – as if to say, reminding Peter of his recent failure, ‘Are you really sure that you care for me at all?’ Now Peter is ‘upset’: confronted by his inadequacy he knows that he can only rely on the Lord’s decision to entrust him with a role of leadership, and now he uses the word he has been avoiding ‘Lord you know everything; you know I love you’.

We see how well this new trust in the Risen Lord sustains Peter as he faces the Sanhedrin, the very body in the presence of which he had felt intimidated when he betrayed his Master. Unafraid of them now, he has ‘filled Jerusalem’ with his teaching. Now he sees his life, shaped by the Lord’s call, as ‘obedience to God’ – whatever it may cost. He gives his fearless witness to the God of Israel as the one who raised Jesus to be ‘leader and saviour’ – confident that he is supported by ‘the Holy Spirit whom God has given to those who obey him’; and he calls those who unjustly put Jesus to death to ‘repentance and the forgiveness of sins’. Now the lessons of the Risen Lord, given on the evening of his resurrection day, have become the charter of his life.

An encouraging memory for each of us in our Easter reflections, as we seek to respond to the call of the Risen Lord in the confusion of our lives. In a trusting acknowledgment of our weakness we shall find our true strength.

John Thornhill

We worship on the traditional lands of the Wiradjuri people and we honour and pay our respects to elders past and present.
**Prayers**

**THE ANGLICAN COMMUNION**
Pray for the Anglican Church of Kenya. The Most Revd Jackson Ole Sapit - Primate and Archbishop of All Kenya.

**THE AUSTRALIAN CHURCH**
We join with the Church throughout Australia who today pray for the Diocese of Bathurst, Bishop Ian Palmer (Retiring 27th April 2019) and Elizabeth, the clergy and people. Pray also for those electing a new bishop and that Godly people will aspire to come to lead our Diocese in ways that spread God's reign of love.

**IN OUR DIOCESE**
The Parish of Blayney (Vacant), Shirley Lewis and Ted, and John Butterworth.

**LOCAL NEEDS**
Pray for the nursing, ancillary and domestic staff in nursing homes, hostels and aged care facilities; and for the residents.

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**Parish News**

**HEALING SERVICE**
The Healing Service will be held this Sunday from 4.30pm in the Abbott Room. All welcome.

**BUNNINGS BBQ**
Thank you to everyone who contributed to the success of the recent Bunnings BBQ. With your assistance we raised $856.40. P Steel

**FELLOWSHIP**
Fellowship will be held Monday 6 May at the home of Audrey Shoobridge, 14 Nile Street, Raglan, from 10.30am. Bring your handwork and your lunch. All very welcome. Phone Audrey 63373618.

**POT LUCK LUNCH**
There will be a ‘Pot Luck’ lunch on Sunday 5 May beginning at 12pm at the home of Noeline and Peter Steel, 11 Nancarrow Place Kelso. Everyone is welcome and please bring some ‘pot luck’ to share. Contact Noeline on 0408 217 741, or 6334 4277.

**RECYCLED CLASSICS FASHION PARADE**
We are very excited about the Recycled Classics Fashion Parade to be held next Thursday 9 May at 10.30am in the Walshaw Hall hosted by All Saints Cathedral Parish. There has been a wonderful response to this Parish event and the tables have been a sell out. Thank you for your support of this venture. Anyone who has already indicated that they have booked a ticket, it would be greatly appreciated if they can be collected from the Parish Office as soon as possible during office hours (Tue-Fri 9am-1pm). Also, if anyone is available to assist with the setup for the parade on Wednesday from 1.30pm in the Walshaw Hall, it would be most helpful. For any enquiries phone Elizabeth Magee on 0458 570 341. At the parade there will be a Homemade Stall. If you have any contributions of produce, jams, chutneys etc. can you please contact Christine on 0488 088 910.

**MEN’S BREAKFAST**
All men are invited to a hot breakfast this Saturday, 11 May, at 7.30am in the Abbott Room. We will focus on the church’s ministry in rural and remote areas with a few short videos. Please RSVP for catering to Graham 6332 6024 or use Reply by Thursday night.

**WOMEN’S BREAKFAST**
Ladies are invited to join us for breakfast at Porters Café William Street on Saturday 11 May at 7.30am. Be assured of good food and friendly conversation. For enquires contact Ellen Leatherland on 6332 6024.

**BATHURST HERITAGE TRADES TRAIL**
Bathurst will celebrate over 200 years of its rich history, paying homage to the trades and traditions that have helped shape the region at the Bathurst Trades Trail on 18/19 May. Trades such as blacksmithing, saddlery, dry stone walling, whip cracking and making, glass artistry, lace making, tapestry, embroidery, carpentry and joinery, cigar box making and violin making are a few on show. Some of these trades will be showcased in the Walshaw Hall over the weekend of 18/19 May. For tickets and more information visit visitbathurst.com.au

**FRIENDS MEETING**
The Next Meeting: the next meeting of the The Friends will be held on Tuesday 21 May 2pm, in the Abbott Room. A Musical Afternoon: The Friends will host a musical afternoon with David Hood and Mitchell Conservatorium students on Saturday 8 June from 2.30-4.30pm. This will be a happy and light musical afternoon to warm your heart. We will then retire to the Chapter House for mulled wine and fruit cake. Tickets $5.00. Proceeds to The Friends. Please support these students and David. For enquiries contact Jenny Woodhart 0419208310.
Today’s Readings In Context

**Acts 9:1-6(7-20)** This chapter of Acts tells the story of the conversion of Saul.

**Revelation 5:6-14** The Book of Revelation bolstered the faith of persecuted Christians by depicting God's final triumph in Jesus. This passage describes a scene in the court of heaven, where angels and patriarchs, and indeed all of creation, salute Jesus the Lamb.

**John 21:1-19** In this post-resurrection appearance of Jesus to his closest disciples, details remind us of earlier gospel themes and events: the disciples' inability to do anything without Jesus, Peter's triple denial, Jesus as the provider of food, the necessity to follow Jesus even unto death.

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The Kingdom Of God Is Within You

The Jesus Prayer, or any other prayer form, is meant to be a help to gently empty our minds from all that is not God, and offer all the room to him and him alone. But that is not all. Our prayer becomes a prayer of the heart when we have localized in the centre of our inner being the empty space in which our God-filled mind can descend and vanish, and where the distinctions between thinking and feeling, knowing and experience, ideas and emotions are transcended, and where God can become our host.

“The Kingdom of God is within you” (Luke 17:21), Jesus said. The prayer of the heart takes these words seriously. When we empty our minds from all thoughts and our hearts from all experiences, we can prepare in the centre of our innermost being the home for the God who wants to dwell in us. Then we can say with St. Paul, “I live now not with my own life but with the life of Christ who lives in me” (Galatians 2:20). Then we can affirm Luther's words, “Grace is the experience of being delivered from experience.” And then we can realise that it is not we who pray, but the Spirit of God who prays in us.

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**THOUGHT FOR THE WEEK FROM MOTHERS UNION AUSTRALIA — Christlikeness**

Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, God was in very deed made man.

- **Acts 9:1-6(7-20)**
  This chapter of Acts tells the story of the conversion of Saul.

- **Revelation 5:6-14**
  The Book of Revelation bolstered the faith of persecuted Christians by depicting God's final triumph in Jesus. This passage describes a scene in the court of heaven, where angels and patriarchs, and indeed all of creation, salute Jesus the Lamb.

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<tr>
<th>All Saints Cathedral WEEKLY SERVICES</th>
<th>CLERGY</th>
<th>PARISH OFFICE</th>
<th>WARDENS</th>
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| **MONDAY** 8.30AM                 | Very Rev James Hodson  
Very Rev John Butterworth  
Rev Bob Date  
Rev Carla Archer  
Rev Margaret Voerman  
Rev Clare Percival  
Rev John Clarkson  
Rev Anastasia Webster-Hawes  | **All Saints Parish Office**  
3 Church Street  
63314711  
PO Box 258  
Bathurst 2795  
E: cathedral@bathurstanglican.org.au  
W: allsaintscathedralbathurst.com.au  | **Graham Leatherland**  
**Peter Steel**  
**Sue West** |
| **TUESDAY** 1.00PM                | Rev Rosie Wynter  
Assistant Priest  |                   |         |
| **WEDNESDAY** 8.30AM             | **Honorary Clergy**  
Rev Carla Archer  
Rev Bob Date  
Rev Margaret Voerman  
Rev Clare Percival  
Rev John Clarkson  
Rev Anastasia Webster-Hawes  |                   |         |
| **THURSDAY** 8.30AM              |                   |                   |         |
| **FRIDAY** 10.00AM               |                   |                   |         |
| Followed by Morning Tea          |                   |                   |         |
| **SATURDAY** 5.00PM              |                   |                   |         |
| **SUNDAY** 8.30AM                |                   |                   |         |
| 10.00AM                           |                   |                   |         |
| **Healing Service** 1st Sunday 5.00pm |                   |                   |         |
| **Evensong** 3rd Sunday 4.30pm   |                   |                   |         |
| **Turondale** 3rd Sunday 3.00pm  |                   |                   |         |
| **Fitzgeralds Valley** 4th Sunday 2.00pm |                   |                   |         |

**St Barnabas’ Parish SERVICES**
Sundays 10am
St Joseph’s Convent Chapel
Perthville – Tenison Woods Ave.
3rd Thursday 10:30am- Senior’s Service & Morning Tea
St Paul’s YETHOLME - (Porter’s Lane) 1st Sunday 11:45 am
St Peter’s ROCKLEY 1st Sunday 9.30am

<table>
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<th>St Barnabas Parish Office</th>
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</table>
| 3 Church Street  
6331 4711  
PO Box 258  
BATHURST NSW 2795  
E: saintbarnabas1878@gmail.com |

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  PO Box 258  
  BATHURST NSW 2795  
  E: saintbarnabas1878@gmail.com  
  Account Name: All Saints’ Cathedral  
  BSB: 082441  
  Acct No: 392431546  
  If you wish to give by Direct Giving these are the deposit account details.

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- **Today’s Readings In Context**
- **The Kingdom Of God Is Within You**
- **THOUGHT FOR THE WEEK FROM MOTHERS UNION AUSTRALIA — Christlikeness**

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A READING FROM THE BOOK OF REVELATION (5.6-14)

Then I saw between the throne and the four living creatures and among the elders a Lamb standing as if it had been slaughtered, having seven horns and seven eyes, which are the seven spirits of God sent out into all the earth. He went and took the scroll from the right hand of the one who was seated on the throne. When he had taken the scroll, the four living creatures and the twenty-four elders fell before the Lamb, each holding a harp and golden bowls full of incense, which are the prayers of the saints. They sang a new song: ‘You are worthy to take the scroll and to open its seals, for you were slaughtered and by your blood you ransomed for God saints from every tribe and language and people and nation; you have made them to be a kingdom and priests serving our God, and they will reign on earth.’

Then I looked, and I heard the voice of many angels surrounding the throne and the living creatures and the elders; they numbered myriads of myriads and thousands of thousands, singing with full voice, ‘Worthy is the Lamb that was slaughtered to receive power and wealth and wisdom and might and honour and glory and blessing!’ Then I heard every creature in heaven and on earth and under the earth and in the sea, and all that is in them, singing, ‘To the one seated on the throne and to the Lamb be blessing and honour and glory and might forever and ever!’ And the four living creatures said, ‘Amen!’ And the elders fell down and worshipped.

FOR THE WORD OF THE LORD
Thanks be to God

A READING FROM THE HOLY GOSPEL ACCORDING TO JOHN (21.1-19)

After these things Jesus showed himself again to the disciples by the Sea of Tiberias; and he showed himself in this way. Gathered there together were Simon Peter, Thomas called the Twin, Nathanael of Cana in Galilee, the sons of Zebedee, and two others of his disciples. Simon Peter said to them, ‘I am going fishing.’ They said to him, ‘We will go with you.’ They went out and got into the boat, but that night they caught nothing. Just after daybreak, Jesus stood on the beach; but the disciples did not know that it was Jesus. Jesus said to them, ‘Children, you have no fish, have you?’ They answered him, ‘No.’ He said to them, ‘Cast the net to the right side of the boat, and you will find some.’ So they cast it, and now they were not able to haul it in because there were so many fish. That disciple whom Jesus loved said to Peter, ‘It is the Lord!’ When Simon Peter heard that it was the Lord, he put on some clothes, for he was naked, and jumped into the lake. But the other disciples came in the boat, dragging the net full of fish, for they were not far from the land, only about a hundred yards off. When they had gone ashore, they saw a charcoal fire there, with fish on it, and bread. Jesus said to them, ‘Bring some of the fish that you have just caught.’ So Simon Peter went aboard and hauled the net ashore, full of large fish, a hundred and fifty-three of them; and though there were so many, the net was not torn. Jesus said to them, ‘Come and have breakfast.’ Now none of the disciples dared to ask him, ‘Who are you?’ because they knew it was the Lord. Jesus came and took the bread and gave it to them, and did the same with the fish. This was now the third time that Jesus appeared to the disciples after he was raised from the dead. When they had finished breakfast, Jesus said to Simon Peter, ‘Simon son of John, do you love me more than these?’ He said to him, ‘Yes, Lord; you know that I love you.’ Jesus said to him, ‘Feed my lambs.’ A second time he said to him, ‘Simon son of John, do you love me?’ He said to him, ‘Yes, Lord; you know that I love you.’ Jesus said to him, ‘Tend my sheep.’ And he said to him, ‘Lord, you know everything; you know that I love you.’ Jesus said to him, ‘Feed my sheep. Very truly, I tell you, when you were younger, you used to fasten your own belt and to go wherever you wished. But when you grow old, you will stretch out your hands, and someone else will fasten a belt around you and take you where you do not wish to go.’ (He said this to indicate the kind of death by which he would glorify God.) After this he said to him, ‘Follow me.’

FOR THE GOSPEL OF THE LORD
Praise to you Lord Jesus Christ

NEXT WEEK’S READINGS
Acts 9.36-43
Ps 23
Revelation 7.9-17
John 10.22-30